



Alert



***For Anyone Who Has Used
Heroin or Other Opiates***

If you have not used for a while due to jail, prison, treatment, hospitalization, or other reason:

***Using drugs like you did before can be Fatal
because your body's tolerance has been
decreased!***

If you're feeling tempted to use:

#1	#2	#3
Do not be alone. Being around others can make it easier to avoid temptation.	Stay away from the people, places and things that remind you of using.	Call a caseworker, friend, family, or anyone who supports your recovery

Be Safe – Stay Alive